



Hindusthan

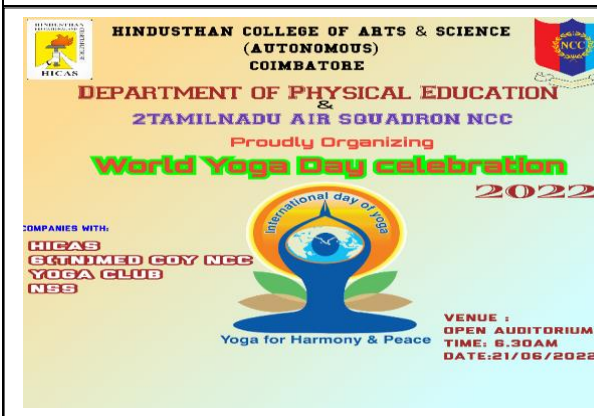
College of Arts & Science

An Autonomous College -Affiliated to Bharathiar University
Approved by AICTE and Govt. of Tamilnadu
Accredited by NAAC-An ISO Certified Institution

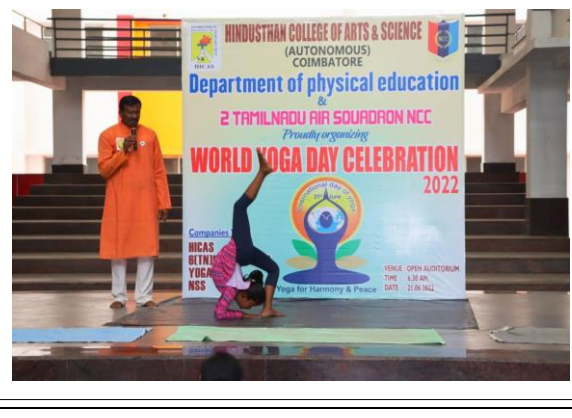
HICAS/Yoga/No.1

Nature of the Event (Workshop, Seminar, FDP, Extension Activities, Guest Lecture, EDP, MDP, etc.)		INTERNATIONAL YOGA DAY CELEBRATIONS	
Name of Department/ Cell/ Club		YOGA CLUB	
Date/s	21.06.2022	No. of Day/s	ONE
Convenor and Coordinator Details		Mr.R.Thangamani,Yoga Club, Dr.K.Karunakaran,Physical Director	
Stratum of the Event (Regional, State, National, International)		Regional	
Title of the Event		8 th INTERNATIONAL YOGA DAY	
Venue		Open Auditorium - F- Block	
Resource Person/s Details (Affiliation and Designation)		1. Group Captain SA. Srivalsan, Indian Airforce. 2. Padmashri Nanammal's Son Dr.V.Balakrishnan- Yoga Therapist 3. R.Thangamani,Yoga Instructor,	
Scope of the Event		To prepare the students physically and mentally and become healthier.	
Deliberations/ Discussions		Delibrations on Physical Fitness, Emotional Stability, Moral Values and Concentration on Studies	
Outcomes of the Event		Students attained higher level of Consciousness.	
Remarks and Feedback on the Event		Students Satisfied on their Overall Well-being by Yogic Life Style.	
Total No. of Participants (Mention Faculty count also if it is an Extension Activity)		101 Students and 11 Staff Members	

Image of the Event Brochure



Photographs of Event



Press Coverage (if any)

Name of the Daily/ Tabloid/ Magazine

The Covai Mail News Online

Date and Issue

21.06.2022 _ The Covai Mail

Photo of the article in Press



Rangan
(R. Rangan)

Yoga Club

[Signature]
PRINCIPAL

Hindusthan College of Arts & Science (Autonomous),
Hindusthan Gardens, Behind Nava India,
Coimbatore - 641 028.

HINDUSTHAN COLLEGE OF ARTS AND SCIENCE

BEHIND NAVAINDIA, COIMBATORE- 641 028

DEPT OF PHYSICAL EDUCATION YOGA CLUB NCC , NSS


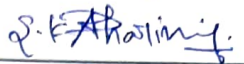
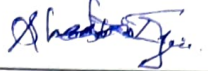


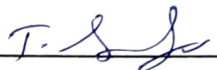
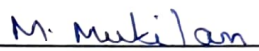
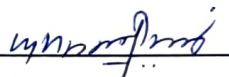












INTERNATIONAL YOGA DAY - CELEBRATION -2022

Venue: Seminar Hall – F-Block

Date: 21.06.2022

PARTICIPANTS LIST

S.No	Reg No	Name	Signature
1.	21BCF098	C. Yalini	C. Yalini
2.	21BCF041	M. Lekeetha	M. Lekeetha
3.	21BCF093	G. Vidhya	G. Vidhya
4.	21BCF054	M. Pradeepa	M. Pradeepa
5.	21BSY032	C. Shalini	C. Shalini
6.	21BVC009	R. Dhaveshini	R. Dhaveshini
7.	21BCB013	P. Harshawarthini	P. Harshawarthini
8.	20MBA071	T. Jananath	T. Jananath
9.	21MMA027	R. Raja Sekar	R. Raja Sekar
10.	21BSES038	S. Praveen Kumar	S. Praveen Kumar
11.	21BCG010	G. ARUN KUMAR	G. Arun Kumar
12.	21MIT050	B. GHOULAKANNAN.	B. Ghoulakannan
13.	21MCA047	K. Mathi neelan	K. Mathi neelan
14.	21BCA115	S.V. Shivanraj	S.V. Shivanraj
15.	21BBA102	R. Seidhan	R. Seidhan

S.No	Reg No	Name	Signature
16.	21BCF028	K. Harri Perasad	
17	20BEN008	S.K.Dharini	
18.	20BEN039	S.SHARMINA.	
19.	20BCI051	Shanmugapriya . R	
20	20BCCI11	Siji Pandi . V	
21.	20BXC154	SURENDER . T	
22.	20BSCS037	M. Mukilan	
23.	20BCC094.	Naganabickan . R.	
24.	20BCF013	ANBURAJ . S	
25.	20BSC069	VIGNESH . T	
26.	20BEN027	OLIVE DENCY	
27.	20BSC067	VENGIADESH . P.	
28.	20BCC028	DHILIP ESWARAN . B	
29	20BCL247	SANTHOSH . N	
30	20BCE109	SANTJAY . L	
31	20BCT055	L. MIDHON CHAKRAVARTHI	
32.	20BMA001	S. BAVANYA	
33	20BCL038	S. PRIYADHARSHINI	
34	20BMA009	S. PRABAVATHI	
35	20BCF031	R. GANESH	

S.No	Reg No	Name	Signature
36	20BCC119	C. RAGAVAN	C. R. V
37	20BBA008	AIRASH. G	A. R. S. G.
38	19BBT042	K. Kithic Kumar	K. K. K.
40	20BCA121	VIKRAM. B	V. B.
41	21BCT021	CATHRINE. V	C. V.
42	21BCP056	KEERTHIKA. M	K. M.
43	21BSY002	AISHWARYA. G	A. G.
44	21BCA074	MUTHU. V	M. V.
45	21BCA012	AnandaKannan. G	A. G.
46	21BCC188	VISHAL. G.	V. G.
47	21BPH016	R. VISHNU	R. V.
48	21BCA067	MARIYAPPAN	M. P.
49	21BCP068	MURALI THARAN. K	M. K.
50	21BCP115	VIKRAM. S	V. S.
51	21BCP057	K. KESAVAN	K. K.
52	21 BCO 094	M. Sanjeev.	M. S.
53	21BCF032	R. S. Jeevananth	R. S. J.
54	21BCS035	Kanthick. P	K. P.
55	20BCPO21	Abishek	A. B.

S.No	Reg No	Name	Signature
56	20BCF122	Vasanth	Vasanth
57	20BCF067	Logesh	Logesh
58	TN21SDF982635 20BCF122	Sachin . A . M	S. J.
59	TN20SDF982630	Karthick . S	S. J.
60	TN20SDF982622	SURYANARAYANAN . K .	S. J.
61	TN20SDF982631	NAVEENKUMAR . K	S. J.
62	TN21SDF982637	VIVINESH . M	M. Vignesh
63	TN20SDF982633	Surya . V	S. J.
64	TN21SDF982632	Pandirani . M	S. J.
65	TN21SWF982633	Pavithra . K . S	K. S.
66	TN20SDA982561	S. Madhwaran.	S. Madhwaran.
67	20BCS082	Santhosh . S	S. J.
68	TN20SDA859354	C. S. Logeshkumar	C. S. Logeshkumar
69	TN20SWF982584	STEFFI . M	S. J.
70		Dr. S. Karunakidhi	S. J.
71	21BST142	S. SARAVANA	S. Saravana
72	21BC0097	K. Saravana Megesh	S. J.
73	21BBN004	GOKUL . B	G. K. B.
74	21BST129	N. N. Jonesh	N. N. Jonesh
75	21BST138	T. SAKTHI VEL.	T. Saranya

